

2014 LESD WINTER PRACTICE SCHEDULE

Hawken Lower School – Practice schedule is effective January 24
Hawken Upper School – Practice schedule is effective November 7
Hathaway Brown – Practice schedule is effective October 27
Cleveland Skating Club – Practice schedule is effective immediately
SPIRE – Practice schedule is effective immediately

Group	Pool/Coach	Time
White	Hawken Lower Coach: Melanie Engbert	5:00 PM – 6:00 PM Monday thru Thursday 12:30 PM – 1:30 PM Saturday
Red	Hawken Lower Coach: Allie Vitantonio	5:00 PM – 6:00 PM Monday thru Thursday 12:30 PM – 1:30 PM Saturday
Blue & Green	Hawken Lower Coach: Tina McCauley	6:00 PM – 7:30 PM Monday thru Thursday 5:15 PM – 6:45 PM Friday
Bronze, Silver, & Gold	Hawken Lower Coaches: Bryan Wamsley & Tina McCauley	3:45 PM – 5:15 PM Monday thru Friday 8:00 AM-10:00 AM Saturday
Bronze, Silver & Gold	Hawken Lower Coaches: Bryan Wamsley, Tina McCauley & Basil Strasburg	6:00 PM – 7:30 PM Monday thru Thursday 5:15 PM – 6:45 PM Friday 8:00 AM – 9:30 AM Saturday
Hawken Upper School	Hawken Upper Coaches: Jim Bocci and Rick Stacy	3:30 – 5:15 PM Monday thru Friday
Bronze	Hawken Upper Coach: Rick Stacy	5:15 PM – 6:45 PM Monday thru Thursday 9:00 AM – 11:00 AM Saturday
Silver	Hawken Upper Coach: Rick Stacy	6:45 PM – 8:30 PM Monday thru Thursday 5:15 PM – 7:00 PM Friday 9:00 AM – 11:00 AM Saturday
Gold	Hawken Upper Coaches: Jim Bocci and Jerry Holtrey	5:45 – 7:30 AM Monday thru Friday 5:15 – 7:00 PM Monday thru Friday 7:00 AM – 9:00 AM Saturday
White	Hathaway Brown Coaches: Paul Wagner and Stacey Vayo-Aroney	5:15 – 6:15 PM Tuesday & Friday 9:00 – 10:00 AM Saturday
Red	Hathaway Brown Coaches: Paul Wagner and Stacey Vayo-Aroney	5:15 – 6:15 PM Monday, Wednesday & Thursday 10:00 – 11:00 AM Saturday
Blue	Hathaway Brown Coach: Paul Wagner	6:15 – 7:30 PM Monday thru Friday
HB Pre-Senior Group (and any Senior swimmer that needs to make up a practice)	Hathaway Brown Coach: Roderick Speed	5:15 – 6:45 PM Monday thru Friday
CSC	Skating Club Pool Coach: Kylie Cremer	4:00 – 5:30 PM Monday thru Friday @ CSC 8:00 – 10:00 AM Saturday
SPIRE Academy	SPIRE Coach: Gregg Sarbak	2:00 – 4:00 PM Monday thru Friday 7:00 – 9:00 AM Saturday

SPIRE Developmental Group	SPIRE Coach: Gregg Sarbak	5:00 – 6:30 PM Monday thru Thursday
SPIRE Competitive Group	SPIRE Coach: Gregg Sarbak	5:00 – 7:00 PM Monday thru Friday 7:00 – 9:00 AM Saturday
SPIRE Little Dolphins	SPIRE Coach: Kelly Rischar	5:00 – 6:00 PM Tuesday & Thursday
SPIRE Mini Dolphins	SPIRE Coach: Kelly Rischar	6:00 – 6:45 PM Tuesday & Thursday